

penia oste An essential product post-fraction for the control of osteopenia and osteoporosis

catalysis





healthy bone



# provides calcium t

KALSIS® is a very effect with lactobacillus acid

## mechanisn



cellular osteocyte membrane

The active principles of KALSIS® are subjected to the process of molecular activation. This process enhances the effectiveness of the product and brings about a quicker reconstruction of bone mass.

**KALSIS** contains specific antioxidants to reduce oxidative stress which impedes proper functioning of the metabolism of the osteoblasts and osteoclasts, thus balancing bone formation and resorption.

Outstanding among the activated ingredients of KALSIS are:

- special strains of lactobacillus acidophilus, which combined with selenium, increase and accelerate calcium deposition in bones;
- calcium gluconate, which provides greater bioavailability of calcium in the blood as it uses cellular transporters for its absorption;
- magnesium gluconate, which supplies the quantities of magnesium required for proper cellular functioning, since it is an essential cofactor for many enzymes.

# advantages compare

|                   | KALSIS®   |
|-------------------|---|
| Side effects      | 100% tolerance with absence side effects.                 |
| Contraindications | None.   |
| Dose              | 1 capsule 3 times a day after main meals.                 |
| Results           | 24% increase in bone m in 60% of the patients a 6 months. |

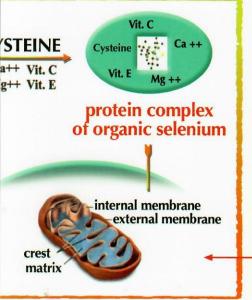




# o the bone system

ive natural preparation lophilus and selenium

## n of action





bone with osteoporosis

Lactobacillus acidophilus and selenium, upon creating synergy due to the process of molecular activation, produce the so-called protein complex of organic selenium, which:

- assists calcium absorption and metabolism;
- has an affinity for the mitochondrial matrix of the bone cells, where it increases the reconstruction and the mineralization of the bone matrix;
- reduces bone resorption and weakening.

# d to bisphosphonates

### **BISPHOSPHONATES**

- of Abdominal pain.
  - Muscular-skeletal pains.
  - Nausea
  - Burning and irritation of stomach and oesophagus.
  - Women who are pregnant or planning pregnancy.
  - Renal insufficiency.
  - Hypocalcaemia.
  - Osteomalacia.
  - Patients with serious oesophageal or stomach diseases
  - Patients at bedrest and who cannot stay upright for an hour.

ne 10 mg/day or 70 mg/week taken on an empty stomach with water only, 30 minutes before eating or drinking. Then remain in an upright position for 30 minutes.

3 - 6% increase in bone mass after 12 months.

**KALSIS** is the best solution to increase the reconstruction of bone mass in:

- OSTEOPENIA and OSTEOPOROSIS
- OSTEOARTHRITIS
- POST-FRACTURES to support bone healing





15%

25%

60%



## lactobacillus + selenium



**Clinical studies** carried out at prestigious centres endorse the effectiveness of **KALSIS** in the regulation of bone metabolism.

Clinical study of KALSIS as a monotherapy for 6 months in patients with osteopenia

### Gailezers Clinical Hospital (Riga / LATVIA)

Dr. Med. Inese Legzdina, Vice President of the Latvian Osteoporosis Society

#### RESULTS

- KALSIS\* is appropriate for the treatment of osteopenia, producing a rapid clinical effect.
- An increase in bone density is observed, which would appear to halt the initial process of osteoporosis and have an anabolic effect on bone tissue.

Patients divided into groups according to osteodensitometric result and relative average change on the osteopenic scale

negative dynamics

without change

positive dynamics

Prospective clinical study in patients with osteoporosis and bone pain who had already received other monotherapies or combined therapies (calcium supplements and analgesics or specific bone resorption inhibitors - alendronate - and analgesics), with persistence of pain.

The patients received KALSIS as a monotherapy for three months.

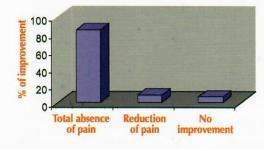
San Jorge Hospital (Tegucigalpa / HONDURAS)

Dr. Daniel Dávila Nolasco

#### **RESULTS**

- In 84.78%, total improvement and good quality of life.
- In 8.69%, partial improvement due to work overload.
- In 6.52%, no improvement.
- The tolerance of KALSIS is 100%.
- Absence of side effects.

#### **REDUCTION IN FREQUENCY AND INTENSITY OF PAIN**





blister pack with 30 capsules of 500 mg container with 90 capsules of 500 mg

#### AVERAGE VALUES (per capsule)

| TITLITIOL VILLELS (per capsus | ()     |
|-------------------------------|--------|
| Calcium Gluconate             | 185 mg |
| Magnesium Gluconate           | 85 mg  |
| Citric Fibre                  | 70 mg  |
| Lactobacillus Acidophilus     | 51 mg  |
| Oat Bran                      | 70 mg  |
| Vitamin C                     | 20 mg  |
| Vitamin E                     | 3 mg   |
| Yeast Rich in Selenium        | 16 mg  |

RDA (per capsule)

Calcium Gluconate 23%, Magnesium Gluconate 24%, Vitamin C 33%, Vitamin E 30%, Selenium 29%.



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### NUTRITIONAL INFORMATION

| AND ENERGY VAL | UES (per 100 g)     |
|----------------|---------------------|
| Energy values  | 335 Kcal (1,423 Kj) |
| Proteins       | 9.3 g               |
| Carbohydrates  | 69.4 g              |
| Fats           | 2.3 g               |

#### POSOLOGY / ADMINISTRATION

Take one capsule three times a day after the main meals.



